Spring Training Starts 1st week of April! ***No practice on Plymouth fields on 5/15***

FORGES 1	**MONDAY**		**Training Times**	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**	**Skills Dates**	**GK Dates**	
	Monday							**4/2 (CS)**	**4/3**	***Tuesday**
			5:00-6:30pm	06 Scott	06G Brooks	05B Tocci		**4/9**	**4/12**	***Thursday**
5:00-6:00pm	**Skills (U9-U12)**	**Mighty Reds**	5:00-6:30pm	05B Tocci	06G Vince		06G Vince	**4/16 (CS)**	**4/16**	
5:00-6:00pm	**GK U13-14**		5:00-6:30pm	09G Green	05G Diamond	09G Green	05G Diamond	**4/23**	**4/23**	
			5:00-6:30pm					**4/30 (CS)**	**4/30**	
6:00-7:00pm	**Skills (U13-U14)**	**Junior Reds**						**5/7**	**5/7**	
6:00-7:00pm	**GK U9-U12**	**U15-U19 Recovery**						**5/14 (CS)**	**5/14**	
7:00-8:00pm	**GK U15-19 GIRLS**							**5/21**	**5/21**	
			6:30-8:00pm	04G Green	05G Brooks	04G Green				
RDC runs 4/9 to 5/14 (6 weeks)			6:30-8:00pm	99G Scott	04G Tocci	04G Tocci	01 Tocci			
			6:30-8:00pm	04G Tocci	01 Tocci	01G Ringuette				
U9-U10 B&G Skills w/ Cardio Sport 4x			6:30-8:00pm	08G Johnson						
U15-U19 Monday Recovery w/ CS 4x			6:30-8:00pm	02G Hollands	01G Floeck	08G Johnson				

Mass Maritime			**Training Times**	***Not Available***	***Not Available***	**THURSDAY**	***Not Available***
working on more than just 1 field available			6:00pm to 7:15pm			06B Scott	
			6:00pm to 7:15pm			02G Cook	
			6:00pm to 7:15pm			02G Hollands	
			6:00pm to 7:15pm			03B LaBranche	
			7:15pm to 8:30pm			01G Cook	
			7:15pm to 8:30pm			99B McCully	
			7:15pm to 8:30pm			99G Scott	
			7:15pm to 8:30pm				

West Rec 11v11 & 7v7 Field			**Training Times**	**TUESDAY**	***Not Available***	***Not Available***	**FRIDAY**
			5:00-6:30pm	09B Masse x2			03G Visinho
			5:00-6:30pm				07G Foley x2
			5:00-6:30pm	07G Foley x2			01B Sindle
			5:00-6:30pm	01B Sindle			06G Brooks
			5:00-6:30pm				
			6:30-8:00pm	99B McCully			
			6:30-8:00pm	03B LaBranche			05G Brooks
			6:30-8:00pm	99-00B Sindle			99-00B Sindle
			6:30-8:00pm	08B Burns			06B Ahern
			6:30-8:00pm	07B Burns			02G Visinho

Plymouth Sports Complex INDOOR			**Training Times**	**TUESDAY**	***Not Available***	***Not Available***	***Not Available***
			6:00-7:00pm	Rotational and an indoor fall back option should we not be able to practice outdoors			

BRIDGEWATER DOME INDOOR			**Training Times**	**TUESDAY**	***Not Available***	***Not Available***	***Not Available***

CAPE COD BASED PRACTICE		**Training Times**	**MONDAY**	***Not Available***	***Not Available***	***Not Available***	***Not Available***
730 Barnstable Rd, Marston Mills, MA - 4/9 to 5/21 (7 sessions)		5:00pm to 6:00pm	Mighty Reds				
RDC runs 4/9 to 5/14		6:00pm to 7:00pm	U9-U11 B&G & JUNIOR REDS				
		7:00pm to 8:00pm	U12-U14 B&G				

E BRIDGEWATER - Belmont St.		**Training Times**	**MONDAY**	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
RDC runs 4/9 to 5/14 (6 weeks)		5:00-6:00pm	**Mighty Reds**	**U9-U12 GK**			
		5:00-6:00pm		04G Khang		04 Khang	
Skills on Monday	**GK on Tues (except 4/12)**	5:00-6:30pm		04B Floeck	10G Masse	09B Masse x2	10G Masse
Skills Dates	**GK Training**	5:00-6:30pm			06G Hollands	04B Floeck	06G Hollands
4/2	**4/3**	5:00-6:30pm			03G Visinho		
4/9 (CS)	**4/12 (Thurs)**	5:00-6:30pm					
4/16	**4/17**						
4/23 (CS)	**4/24**	6:00-7:00pm	**Junior Reds**	**U13-U14 GK**			
4/30	**5/1**	6:00-7:00pm					
5/7 (CS)	**5/8**						
5/14	**5/15**	6:30-8:00pm		03G Khang	08G Masse x2	03G Khang	08G Masse x2
5/21 (CS)	**5/22**	6:30-8:00pm		06B Ahern	02G Visinho	07B Burns	01G Floeck
		6:30-8:00pm		01G Ringuette		08B Burns	
U9-U10 B&G Skills w/ Cardio Sport 4x							